



## QUEENSLAND

### 2018/2019 Season Skill Maintenance Candidate Paper

Name: \_\_\_\_\_ Club: \_\_\_\_\_ Date: \_\_\_\_\_

1. **The 30/30 rule is recommended for lightning safety in the AS/NZS 1768:2007 Lightning protection. When the flash to bang is 30 seconds this indicates the lightning is less than?**
  - a) 5km away
  - b) 10km away
  - c) 15km away
  - d) 30km away
  
2. **Under the Patrol Operations manual regarding Patrol Uniforms when are you allowed to wear the uniform when not working on the beach?**
  - a) On the way to Patrol and on the way home
  - b) Only on approved club activities like fundraising
  - c) When training in an IRB for an award
  - d) Answers a) and b) are correct
  
3. **When loading an incident into LIMSOC it is important to remember what?**
  - a) Ask permission from the patrol captain to call incident in via the radio
  - b) Hit the submit button 3 times to ensure accuracy
  - c) There is no incident reporting on LIMSOC
  - d) Hit the submit button once and wait for LIMSOC to load
  
4. **Compression Rates and Ratios for trained operators of CPR have been consistent with the Australian Resuscitation Council for the past couple of years. What are they?**
  - a) 15 Compressions 2 breaths, 5 cycles in 2 minutes
  - b) Compressions only there is no need to breath and to the beat of 'staying alive'
  - c) 30 compressions, 2 breaths, 100 to 120 compressions to the minute
  - d) 30 compressions, 2 breaths, 5 cycles every two minute

5. **For severe external bleeding of a limb that cannot be controlled by direct pressure, is it recommended to use an arterial tourniquet?**
- a) Yes but only if trained to do so
  - b) No as we no longer use arterial tourniquets
  - c) Yes but do not use arterial tourniquets on limbs
  - d) No as they cause more harm than good
6. **Inhalo oxygen cylinders have been approved for use within SLSQ. What are the benefits of the Inhalo cylinders?**
- a) More oxygen therefore longer operating times
  - b) They are robust, lightweight and reliable
  - c) No need for servicing as the regulator is part of the cylinder saving many dollars
  - d) All of the above
7. **What is the capacity of the Inhalo cylinder in litres?**
- a) 590
  - b) 490
  - c) 630
  - d) 690
8. **The term ATV ( when referring to the vehicles used on the beach) has now been replaced with the term?**
- a) SSV
  - b) SVS
  - c) SSSV
  - d) ASTV
9. **Patrol roles and responsibilities is a section of the Patrol Operations Manual. It talks about the use of personal mobiles/tablets/smart devices. It is quoted as unacceptable to use these devices for personal use whilst on duty. It is a bad image to the public, they are distracting, members are not concentrating on the job etc. When is it considered acceptable?**
- a) Never acceptable
  - b) When ordering lunches
  - c) To call emergency services when radio has failed
  - d) When answering an incoming call only